

Product Information Sheet

Wondernut Moringa

120 Capsules

Helps to protect and nourishing skin and hair, Protect the liver, Prevent and treating cancer, Treat stomach disorders like ulcers, constipation and gastritis. Making bones healthier, Treats mood disorders such as depression, anxiety and fatigue. Protects the cardiovascular system, Treats diabetes, Treats asthma and anaemia

Ingredients

Protein, Vitamin B6, Vitamin C, Iron, Riboflavin (B2),
Vitamin A, Magnesium

Moringa has been known for its exceptional health benefits, not only for its value in its natural state as a plant, but also now in the form of powder, capsules and tea. It is very rich in healthy antioxidants and bioactive plant compounds.

Moringa (also known as *Moringa oleifera*) is a large tree native to North India, which is especially renowned in the region to the great Himalayas. It is also grown in other parts of Asia such as in Pakistan, Afghanistan and Bangladesh. Every part of the tree (the bark, leaves, fruit, flowers and root) is used in traditional herbal medicines. It is therefore known as the Miracle Herb.

Moringa, especially the leaves, contains many vitamins and minerals, such as:

Protein
Vitamin B6
Vitamin C
Iron
Riboflavin (B2)
Vitamin A
Magnesium

Rich in antioxidants, moringa offers such compounds that act against free radicals in the body. Free radicals may cause oxidative stress and is usually associated with chronic diseases such as heart disease and Type 2 Diabetes.

The moringa leaves contain the following antioxidants:

Quercetin: may help lower blood pressure
Chlorogenic acid: may help moderate blood sugar levels

