

## Product Information Sheet

### Purple Cushhh Brain Protection

60 Capsules (1 Capsule before breakfast and 1 capsule before dinner or as prescribed.)

Brain Protection helps restore and support brain function, manage anxiety and depression, improves memory, increases attention, mood and fatigue, improves blood flow to the brain and helps with the treatment of mental health conditions such as Alzheimer's disease.

### Ingredients

Lipid MSM, Sage, Lemon Balm, Ginkgo Biloba, Vitamin E, Resveratrol, Turmeric, Cinnamon

**Lipid MSM (Methylsulfonylmethane)** provides a source of natural Sulphur – a compound found in all living things – and helps with a wide range of conditions. MSM plays a role in combating BPA and R exposure induced neurodegenerative disorders. In other words MSM provides protection to the brain against BPA (Bisphenol A) and R (Radiation).

**Sage, Lemon Balm and Ginkgo Biloba**, due to being good source of antioxidants (prevent or slow damage to cells) are used to restore and support brain function.

**Lemon Balm** helps the body manage anxiety and depression.

**Ginkgo Biloba** improves blood flow to the brain and helps with the treatment of mental health conditions, Alzheimer's disease and fatigue.

**Vitamin E** is also an important anti-oxidant which helps with brain health by reducing oxidative stress (an imbalance between production of free radicals and anti-oxidant defenses).

**Resveratrol** is a potent antioxidant as well as an anti-inflammatory compound and can protect the brain cells from damage, improve memory, learning as well as mood.

**Turmeric** is effective in delaying and/or reversing some brain diseases, traumatic brain injury and age-related decreases in brain function.

Brain benefits associated with **Cinnamon** include reduced inflammation, improved memory and increased attention. It can also be beneficial for treatment of Parkinson's disease by improving motor function.

