



## Product Information Sheet

### Purple Cushhh Gout Control

60 Capsules

Helps with High Blood Pressure, Diabetes, Obesity, Fatty  
Liver and Kidney Disease

## Ingredients

Agathosma, Sutherlandia, Urtica, Harpagophytum

Gout is caused by a condition called hyperuricemia – too much uric acid in the body. Uric acid is a waste product found in the blood which is created when the body breaks down purines. Purines are chemical substances found in the body and the foods consumed. Urate crystals are formed when a person has high levels of uric acid in the blood. These crystals accumulate in joints causing inflammation and intense pain – a gout attack. Symptoms of a gout attack are intense joint pain; joint discomfort after the severe pain subsides; inflammation; redness and limited range of motion in the joint. Gout attacks come on suddenly and often affect the big toe.

The ingredient **Agathosma (common name – Buchu)** in Gout Control has anti-inflammatory and diuretic (increasing the flow of urine) effects on the body. It assists with the treatment of the inflammation of joints when a gout attack is experienced as well as kidney and urinary tract infections.

**Sutherlandia (commonly known as Cancer Bush)** is used for treatment of chronic health conditions such as Gout where inflammation plays a significant role in the cause and the symptoms of the condition. This is due to the antiviral (kills virus), antibacterial (prevent growth of bacteria) and antifungal (inhibits growth of fungus) properties found in this plant.

**Urtica (common name – Stinging Nettle)** is used to clear out excess uric acid which will bring relief of the inflammation and pain of the muscles and joints associated with a gout attack.

The ingredient **Harpagophytum (commonly known in Southern Africa as Devil's Claw)** is typically used to relieve pain and swelling of joints caused by gout due to its anti-inflammatory effects on the body. It can also be used as treatment for muscle aches, digestive disorders as well as liver and kidney problems.

