

Product Information Sheet

Purple Cushhh Miracle Sinus Plus

30ml

Assists with Blocked Nose, Snoring, Post Nasal Drip

Ingredients

Olive Leaf, Black Cumin, Hypoxis, Sutherlandia, Artemisia
Afra, Artemisia Annua, Clove, Lemon, Rosemary

The 4 pairs of openings of the sinuses are located in the bones at front of the skull above the eyes, on either side of the nose, behind the bridge of the nose and behind the cheekbones. The sinuses are lined with a thin membrane that secretes mucus. The mucus sweeps away inhaled dust, pollen and germs. If the membrane is irritated by smoke, air pollution or allergies, or becomes inflamed due to upper respiratory infection (cold or flu) more mucus is produced which block the tiny sinus openings. Sinusitis is the term given for the inflammation or swelling of the membrane of the sinuses. The sinuses which are normally filled with air will become filled with fluid, allowing germs to grow and cause infection. Headaches, pain or tenderness and swelling above eyes, cheeks, nose and forehead, difficulty to breathe through the nose due to the congestion and post nasal drip can be experienced.



Olive Leaf, one of the ingredients of Miracle Sinus Plus, has antibacterial (destroys bacteria) and anti-viral (kills virus/suppress its ability to reproduce) properties and is a natural remedy to relieve the symptoms of sinus infections. **Black Cumin** has anti-inflammatory and anti-oxidant (protects cells from damage) properties which inhibit inflammation of the sinuses and help to relieve symptoms of sinusitis. In a study it was found that Black Cumin reduced nasal congestion, runny nose and sneezing. **Hypoxia** is used for immune related diseases such as flu and colds and been found to be very effective to combat the headache and pain from sinusitis. **Sutherlandia** due to its anti-viral, anti-bacterial and anti-fungal properties will reduce fever associated with sinusitis. **Artemisia Afra** is a widely used remedy to treat headaches, congestion, sinusitis and fever. **Artemisia Annua** contributes to the treatment of fever and inflammation because of the anti-bacterial, anti-oxidant and antiviral effects. **Clove** has powerful anti-oxidant and anti-microbial (kills bacteria, viruses and fungi) activities which help clear out some of the germs that cause sinus infection. **Lemon** possesses anti-inflammatory properties and will soothe a sore throat which often accompanies sinus congestion or infection. **Rosemary** is a rich source of anti-inflammatory compound and helps to relieve swollen sinuses.

